

	SEGUNDA-FEIRA	TERÇA-FEIRA	QUARTA-FEIRA	QUINTA-FEIRA	SEXTA-FEIRA	SÁBADO	DOMINGO					
MANHÃ ☀	07:15H	C	T	2	3	T						
	08:30H	F	F	F	F	F						
	09:00H				2							
	09:30H	F	F	F	F	F	T					
	10:00H	2	T	T	T	C	C	T				
	10:30H	F	F	F	F	F	3					
	11:00H					2	3					
	11:30H											
	12:40H	3	C	T	2	T						
	TARDE ☀	15:00H	F	F	F	F	F					
17:00H		F	F	F	F	F						
17:15H												
17:30H		T	2	T	T	2						
18:15H		F	F	F	F	F						
18:30H		T	2	T	3	T	2	T	3	T	3	
18:45H		3	C	3	C	C						
19:00H												
19:15H		F	F	F	F	F						
NOITE 🌙		19:30H	C	T	T	T	2					
		T	2	C	2							
	19:45H	3	2	C	3	3	3	C				
	20:00H	F	F	F	F	F						
20:15H												
20:30H	T	T	2	T								
20:35H												